



**Roman Catholic Diocese of Northampton**  
**Parish of Our Lady Help of Christians & St Lawrence**  
 39-41 West Street, Olney MK46 5HH - 01234 711212  
[parish.olney@northamptondiocese.org](mailto:parish.olney@northamptondiocese.org)  
 Parish Website: [www.ourladysolney.co.uk](http://www.ourladysolney.co.uk)  
**Parish Priest: Fr Daniel Rooke**  
[frdaniel.rooke@northamptondiocese.org](mailto:frdaniel.rooke@northamptondiocese.org)  
**Deacon: Rev. Peter Griffin – 07850 499414**  
 Parish Secretary: Denise Wallinger  
 St Joseph's Convent – Sr Eileen Gorman DHS - 01234 711267  
 Parish Safeguarding: Janet Goodland  
[safeguarding.olney@northamptondiocese.org](mailto:safeguarding.olney@northamptondiocese.org)  
**SVP Contact: 07469 717760**

| 30 <sup>th</sup> August 2026<br>Psalter Week 2                                                        |                                                                                                                                                                  | Twenty-Second Sunday of Ordinary Time |                                                                                 |
|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|---------------------------------------------------------------------------------|
| First Reading                                                                                         | Prophet Jeremiah 20:7-9<br><i>'The word of the Lord has become for me a reproach.'</i>                                                                           |                                       |                                                                                 |
| Responsorial Psalm                                                                                    | For you my soul is thirsting, O Lord, my God.                                                                                                                    |                                       |                                                                                 |
| Second Reading                                                                                        | Romans 12:1-2<br><i>'Present your bodies as a living sacrifice.'</i>                                                                                             |                                       |                                                                                 |
| Gospel Acclamation                                                                                    | Alleluia, alleluia! May the Father of our Lord Jesus Christ, enlighten the eyes of our hearts, so that we may know the hope to which he has called us. Alleluia! |                                       |                                                                                 |
| Gospel                                                                                                | Matthew 16:21-27<br><i>'If anyone would come after me, let him deny himself.'</i>                                                                                |                                       |                                                                                 |
| Saturday 29 <sup>th</sup> August +                                                                    |                                                                                                                                                                  | 6.00pm<br>6.30pm                      | Confessions<br>Mass - (Thomas Moore RIP)                                        |
| Sunday 30 <sup>th</sup> August +                                                                      |                                                                                                                                                                  | 10.00am<br>10.30am                    | Confession<br>Mass – (Pro Populo)                                               |
| Monday 31 <sup>st</sup> August<br>St Aidan – Bishop & the Saints of Lindisfarne)                      |                                                                                                                                                                  |                                       | No Parish Mass                                                                  |
| Tuesday 1 <sup>st</sup> September<br>Mass for the Care of Creation                                    |                                                                                                                                                                  | 10.00am                               | No Adoration<br>Mass – (Franco Federici Ints)                                   |
| Wednesday 2 <sup>nd</sup> September<br>Feria                                                          |                                                                                                                                                                  |                                       | No Parish Mass today                                                            |
| Thursday 3 <sup>rd</sup> September<br>St Gregory the Great – Pope & Doctor                            |                                                                                                                                                                  | 10.00am<br>6.00pm<br>6.45pm           | Mass – (Holy Souls)<br>Adoration with Confession<br>Mass – (Jean Kelf Recovery) |
| Friday 4 <sup>th</sup> September<br>St Cuthbert - Bishop                                              |                                                                                                                                                                  | 10.00am                               | Service of Word & Holy Communion                                                |
| Saturday 5 <sup>th</sup> September<br>St Teresa of Kolkata – Virgin + Blessed William Browne - Martyr |                                                                                                                                                                  | 9.15am<br>10.00am                     | Adoration with Confession<br>Mass - (Terence Cockings RIP)                      |
| Twenty-Third Sunday of Ordinary Time                                                                  |                                                                                                                                                                  |                                       |                                                                                 |
| Saturday 5 <sup>th</sup> September +                                                                  |                                                                                                                                                                  | 6.00pm<br>6.30pm                      | Confession<br>Mass - (Pro Populo)                                               |
| Sunday 6 <sup>th</sup> September +                                                                    |                                                                                                                                                                  | 10.00am<br>10.30am                    | Confession<br>Mass – (Paula Medlicott RIP)                                      |

| Thank you for your Weekly Offering |          |
|------------------------------------|----------|
| Offertory                          | £        |
| Digital Collection Plate           | £75.00   |
| Standing Orders                    | £502.00  |
| <b>TOTAL</b>                       | <b>£</b> |

**PLEASE NOTE NO MASS ON MONDAY**

Lets Sing:- Sing Along with friends enjoyed another fun session on Thursday 20<sup>th</sup>. The group is open to everyone.

The next session will be on Thursday 3<sup>rd</sup> September 2 -4pm

Please bring your own cold drink and a ukulele if you have one, Song books will be available to use. Singing is good for the brain and the spirit.

Everyone is welcome, we look forward to seeing you. Ruth 07500506851

Thank you from Mary's Meals:- Mary's Meals would like to thank everyone in the parish for their wonderful generosity when we visited last weekend. Donations of £645.80 will enable Mary's Meals to feed 33 children one good meal every school day for a whole year. Thank you so much for your support, please continue to pray for the work of Mary's Meals. God bless you all.

First Holy Communion: - Classes will start in October. If you have a child in Year 2 or above and you would like them to make their 1st Holy Communion, please contact Denise on [parish.olney@northamptondiocese.org](mailto:parish.olney@northamptondiocese.org) or call her on 01234 711212 for a registration form. Further details will be announced later – all requests must be made via the parish office in the first instance.

Journey in Faith:- Starting Thursday 17<sup>th</sup> September you are warmly invited to Journey in Faith meeting on the third Thursday of each month from 7.30pm-8.30pm in the parish hall. Utilizing the informal Sycamore cChurch, or exploring Christianity for the first time, all are welcome. These relaxed sessions provide a welcoming space to explore the Christian faith, meet others and discuss life's big questions together. Whether you are a life long Catholic, returning to the Church or exploring Christianity for the first time, all are welcome Catholics and Non Catholics alike.

Pope Leo has designated 1 September as a day of prayer and thanksgiving for the wonders of the Creation. The 10am Mass on Tuesday 1 September will be a simple but enjoyable service lead by members of the Cafod Group but it is not a Cafod event as such. We ask other Parish group members to join with us in celebration. Coffee and cake afterwards in the parish hall. All welcome

### Parish Pilgrimage to Lourdes 2026 (22<sup>nd</sup>-28<sup>th</sup> October 2026)

We are currently exploring interest in a parish pilgrimage to the Sanctuary of Our Lady of Lourdes this autumn from 22<sup>nd</sup>-28 October 2026. Although this date is coming up quickly and is short notice, it remains entirely possible to organize if enough parishioners wish to travel. If there is insufficient interest for October we will instead plan for our pilgrimage for Spring 2027. To help us determine whether the October dates are viable, please add your names to the sign up list at the back of the church. Signing the sheet carries no financial commitment.

- Dates – 22<sup>nd</sup>-28<sup>th</sup> October 2026 (7 days)
- Leadership– Spiritual Leader Fr Daniel, Group Leader Ashley Appleton
- A Travel – Direct coach travel with no overnight journeys, departure and return outside our church
- Accommodation– Half board (breakfast and evening meal included)
- Cost approximately £850.00 per person (twin/triple room sharing); single supplement £40.00 per person per night

printed flyer and complete itinerary will be available as soon as initial numbers are confirmed.

1<sup>st</sup> Thursday Club:- Please note the start of the new year has been deferred to October. If you know anyone who regularly attends but might not see the newsletter could you please let them know. Thank you.

Mass Intention:- On 16<sup>th</sup> August at 11.33 the digital collection plate was used to request a Mass Intention. No envelope was completed so we are unable to book the Mass Intention. If this was you please contact Denise on [parish.olney@northamptondiocese.org](mailto:parish.olney@northamptondiocese.org) or call her on 01234 711212. Thank you.

Diocesan Mass in Celebration of Marriage and Family Life: All are welcome to the Diocesan Mass for Marriage and Families at Northampton Cathedral on 5<sup>th</sup> September at 12 noon. An opportunity to celebrate marriage and family and for married couples to renew their commitment to one another.

Sacrament of Reconciliation – There are many opportunities for parishioners to avail themselves of this wonderful sacrament – before the Vigil Mass on Saturday evenings and before the weekday Masses as published in the newsletter. Fr Daniel will now be available for Confessions at 10am – before the Sunday morning Mass



### Prayer for Spiritual Communion

My Jesus, I believe that You are present in the Most Blessed Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace You as if you were already there, and I unite myself wholly to You. Never permit me to be separated from You.

### Regina Caeli

Regina caeli, Laetare, alleluia. Quia quem meruisti portare, alleluia. Resurrexit, sicut dixit, alleluia. Ora pro nobis Deum, alleluia. Gaude et Laetare, Virgo Maria, alleluia. Quia surrexit Dominus vere, alleluia.

### Prayer to Our Lady Help of Christians

Most Holy Virgin Mary, Help of Christians, how sweet it is to come to your feet imploring your perpetual help. If earthly mothers cease not to remember their children, how can you, the most loving of all mothers forget me? Grant then to me, I implore you, your perpetual help in all my necessities, in every sorrow, and especially in all my temptations. I ask for your unceasing help for all who are now suffering. Help the weak, cure the sick, convert sinners. Grant through your intercessions many vocations to the religious life. Obtain for us, O Mary, Help of Christians, that having invoked you on earth we may love and eternally thank you in heaven.

With our love and prayers Father Daniel and Deacon Peter