



Roman Catholic Diocese of Northampton
Parish of Our Lady Help of Christians & St Lawrence
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 Parish Website: www.ourladyolney.co.uk
Parish Priest: Fr Daniel Rooke
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Deacon: Rev. Peter Griffin – 07850 499414
 Parish Secretary: Denise Wallinger
 St Joseph's Convent – Sr Eileen Gorman DHS - 01234 711267
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5 th July 2026 Psalter Week 2		Fourteenth Sunday of Ordinary Time	
First Reading	Prophet Zechariah 9:9-10 <i>'Behold, your king is coming to you, humble.'</i>		
Responsorial Psalm	I will bless your name for ever, my God and king.		
Second Reading	St Paul to the Romans 8:9, 11-13 <i>'If by the Spirit you put to death the deeds of the body, you will live.'</i>		
Gospel Acclamation	Alleluia, alleluia! I thank you, Father, Lord of heaven and earth, you have revealed the secrets of the kingdom to little children. Alleluia!		
Gospel	Matthew 11:25-30 <i>'I am gentle and lowly in heart.'</i>		
Saturday 4th July +	6.00pm 6.30pm	Confessions Mass - (Pro Populo)	
Sunday 5th July +	10.30am	Mass - (Mary Redmond RIP)	
Monday 6th July St Maria Goretti – Virgin & Martyr Bl Thomas Alfield – Priest & Martyr	9.15am 10.00am	Adoration with Confession Mass – (Sidney Wogan RIP)	
Tuesday 7th July Patronage of St Thomas of Canterbury	9.15am 10.00am	Adoration with Confession Mass – (Caroline Saw RIP)	
Wednesday 8th July Feria		No Parish Mass today	
Thursday 9th July St Augustine Zhao Rong – Priest & the Martyrs of China	10.00am 6.00pm 6.45pm	Mass – (Michael McCormack - Recovery) Adoration with Confession Mass – (Charlie Roberston Ints.)	
Friday 10th July Feria	10.00am	Service of Word & Holy Communion	
Saturday 11th July St Benedict – Abbott & Patron of Europe	9.15am 10.00am	Adoration with Confession Mass - (Renee family – Foundation Mass)	
Fifteenth Sunday of Ordinary Time			
Saturday 11th July +	6.00pm 6.30pm	Confessions Mass - (Pro Populo)	
Sunday 12th July +	10.30am	Mass - (Private Intention)	

Oremus Pro Invicem! (Let us pray for each other)

Thank you for your Weekly Offering	
Offertory	£404.95
Digital Collection Plate	£75.00
Standing Orders	£502.00
TOTAL	£981.95

Parishioners who wish to donate directly to the parish can do so through your bank. You can make a one-off donation or set up a monthly standing order arranged through your bank. The parish banking details are as follows:

Bank: NatWest – Sort Code: 60-06-11 – Account: 46714618

Account name: RCDN Parish of Our Lady Help of Christians & St Lawrence, Olney

Please use your name as a reference so that we can identify you if you have signed up for Gift Aid – Thank you.



His Holiness Pope Leo XIV has appointed Archbishop Richard Moth as Apostolic Administrator *sede plena et ad nutum Sanctæ Sedis* of the Diocese of Northampton. This is a temporary role, by which the Holy See ensures that the pastoral governance of a diocese will continue, when it is not possible for a diocesan Bishop to exercise his office. Therefore, the governance of the Diocese of Northampton is now canonically entrusted to Archbishop Moth.

On hearing of his appointment, Archbishop Richard said: *“I am humbled by the trust which His Holiness Pope Leo XIV has placed in me by assigning me this mission as Apostolic Administrator of the Diocese of Northampton, in addition to my ministry as the Archbishop of Westminster. I ask those whom I am called to serve to pray for me, that the Lord will continue to give me His spiritual guidance and wisdom needed to fulfil these duties.”*



Parish Forum Meeting with Shared Lunch – after the 10.30am Mass today 5th July. This is a great opportunity for us all to come together in an informal setting to share our thoughts; reflections and ideas. Fr Daniel will be sharing his vision for the parish and would really love to hear your thoughts too. Hopefully the weather will be kind to us and we can meet together in the parish garden to enjoy a shared lunch.



Catholic Curry Club – last Saturday evening, after the 6.30pm Mass a good number of parishioners met on the patio in the parish garden on a beautiful summers evening to enjoy each other’s company and share in a wonderful tandoori barbecue. Many thanks to those who organised this event and prepared the delicious food and to those who came along. We were especially delighted to be joined by our ‘newest parishioner’ – Bea who thoroughly enjoyed herself running around the garden and meeting her new friends – not to mention the delicious piece of meat that she enjoyed!

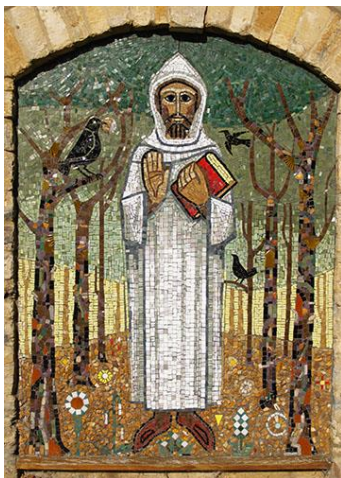


Sea Sunday – Sea Sunday will be celebrated **next Sunday, 12th July**. It is a day to pray for seafarers and fishers and to thank them for the vital role they play in our lives. A second collection will be held over the weekend **11th/12th July** in support of Stella Maris (formerly Apostleship of the Sea) the official maritime charity of the Catholic Church. This support is essential to continue their mission both in the UK and globally.



Altar Servers – We are looking to recruit some more members of our parish, young or old, male or female, to join our team of Altar Servers and are appealing especially to those who recently received their First Holy Communion. Altar Servers play a very important part in the Church's Liturgy enabling us all, Priests, Deacons, and the Laity to worthily celebrate the Mass. Full training will be given to you. If you are interested, please speak to either Fr Daniel or Deacon Peter.

ASSISTED SUICIDE - Assisted suicide campaigners are trying to bring back the Leadbeater Bill. 'Not Dead Yet UK' has launched a simple tool to help you email your MP about the risks this Bill poses to people with disabilities. Email your MP using the tool: www.action.notdeadyetuk.org



St Benedict – Patron of Europe

Born at Norcia in Umbria (Italy) about the year 480. After studying at Rome, he led a life of solitude in Subiaco and gathered disciples around him, and then went to Monte Cassino. Here he founded a well-known monastery and wrote his 'Rule', as a result of which he has been called the Father of Monasticism in the West. He died on 21st March 547 but from the end of the eighth century he has been venerated on **11th July** in many places. In celebration of this special feast day in honour of St Benedict, we pray for all who have responded to God's call to live a monastic life of prayer and devotion. We pray especially for Brother John and the community of the

Monastery of Christ our Saviour, together with the Sisters and community at the Priory of Our Lady of Peace, Turvey Abbey.

"He should first show them in deeds rather than words all that is good and holy." ~ Benedict of Nursia



Prayer for Spiritual Communion

**My Jesus, I believe that You are present in the Most Blessed Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot now receive you sacramentally,
come at least spiritually into my heart.
I embrace You as if you were already there,
and I unite myself wholly to You.
Never permit me to be separated from You.**

Salve Regina

Salve, Regina, Mater misericordiae,
vita, dulcedo, et spes nostra, salve.
Ad te clamamus, exsules filii Hevae.
Ad te suspiramus, gementes et flentes
in hac lacrimarum valle.
Eia, ergo, advocata nostra,
illos tuos misericordes oculos ad nos converte;
et Iesum, benedictum fructum ventris tui,
nobis post hoc exsilium ostende.
O clemens, O pia, O dulcis Virgo Maria.

Prayer to Our Lady Help of Christians

Most Holy Virgin Mary, Help of Christians,
how sweet it is to come to your feet imploring your perpetual help.
If earthly mothers cease not to remember their children, how can you, the
most loving of all mothers forget me? Grant then to me, I implore you, your
perpetual help in all my necessities, in every sorrow, and especially in all my
temptations. I ask for your unceasing help for all who are now suffering.
Help the weak, cure the sick, convert sinners. Grant through your
intercessions many vocations to the religious life.
Obtain for us, O Mary, Help of Christians, that having invoked you on earth
we may love and eternally thank you in heaven. Amen



With our love and prayers, Fr Daniel, and Deacon Peter