



**Roman Catholic Diocese of Northampton**  
 Parish of Our Lady Help of Christians & St Lawrence  
 39-41 West Street, Olney MK46 5HH - 01234 711212  
[parish.olney@northamptondiocese.org](mailto:parish.olney@northamptondiocese.org)  
 Parish Website: [www.ourladysolney.co.uk](http://www.ourladysolney.co.uk)  
**Parish Priest: Fr Daniel Rooke**  
[frdaniel.rooke@northamptondiocese.org](mailto:frdaniel.rooke@northamptondiocese.org)  
**Deacon: Rev. Peter Griffin – 07850 499414**  
 Parish Secretary: Denise Wallinger  
 St Joseph's Convent – Sr Eileen Gorman DHS - 01234 711267  
 Parish Safeguarding: Janet Goodland  
[safeguarding.olney@northamptondiocese.org](mailto:safeguarding.olney@northamptondiocese.org)  
**SVP Contact: 07469 717760**

<b>31<sup>st</sup> May 2026</b> <b>Psalter Week 1</b>	<b>The Most Holy Trinity</b>	
<b>First Reading</b>	<b>Book of Exodus 34:4b-6, 8-9</b> <i>'The Lord, the Lord, a God merciful and gracious.'</i>	
<b>Responsorial Psalm</b>	<b>Send forth your spirit, O Lord, and renew the face of the earth.</b>	
<b>Second Reading</b>	<b>2 St Paul to the Corinthians 13:11-14</b> <i>'The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit.'</i>	
<b>Gospel Acclamation</b>	<b>Alleluia, alleluia! Glory be to the Father, and to the Son, and to the Holy Spirit, the God who is, who was, and who is to come. Alleluia!</b>	
<b>Gospel</b>	<b>John 3: 16-18</b> <i>'God sent his Son in order that the world might be saved through him.'</i>	
<b>Saturday 30<sup>th</sup> May +</b>	<b>6.00pm</b> <b>6.30pm</b>	<b>Confessions</b> <b>Mass - (Deceased members of the Humpherries family)</b>
<b>Sunday 31<sup>st</sup> May +</b>	<b>10.30am</b>	<b>Mass - (Pro Populo)</b>
<b>Monday 1<sup>st</sup> June</b> <b>St Justin - Martyr</b>	<b>9.15am</b> <b>10.00am</b>	<b>Adoration with Confession</b> <b>Mass - (Ann Harris RIP)</b>
<b>Tuesday 2<sup>nd</sup> June</b> <b>Ss Marcellinus &amp; Peter - Martyrs</b>	<b>9.15am</b> <b>10.00am</b>	<b>Adoration with Confession</b> <b>Mass - (Catherine Bott - Ints.)</b>
<b>Wednesday 3<sup>rd</sup> June</b> <b>St Charles Lwanga &amp; Martyrs of Uganda</b>		<b>No Parish Mass today</b>
<b>Thursday 4<sup>th</sup> June</b> <b>St Elizabeth Hasselblad - Religious</b>	<b>6.00pm</b> <b>6.45pm</b>	<b>Adoration with Confession</b> <b>Mass - (Florida Somano RIP)</b>
<b>Friday 5<sup>th</sup> June</b> <b>St Boniface of Crediton - Bishop &amp; Martyr</b>	<b>10.00am</b>	<b>Service of Word &amp; Holy Communion</b>
<b>Saturday 6<sup>th</sup> June</b> <b>St Norbert - Bishop</b>	<b>9.15am</b> <b>10.00am</b>	<b>Adoration with Confession</b> <b>Mass - (Br Thierry Marteaux - Recovery)</b>
<b>The Body &amp; Blood of Christ - Corpus Christi</b>		
<b>Saturday 6<sup>th</sup> June +</b>	<b>6.00pm</b> <b>6.30pm</b>	<b>Confessions</b> <b>Mass - (Pro Populo)</b>
<b>Sunday 7<sup>th</sup> June +</b>	<b>10.30am</b>	<b>Mass - (Deceased family &amp; friends of the Ayles family)</b>

Thank you for your Weekly Offering	
Offertory	£525.77
Digital Collection Plate	£105.00
Standing Orders	£502.00
<b>TOTAL</b>	<b>£1132.77</b>



## Empowering Vulnerable Children (EVC) Uganda - Appeal 30th/31st May

This Charity provides a future, through education, for some of the poorest children in the world. We extend a very warm welcome to **Judi Fawcett, Trustee**, will give a brief talk at all the Masses this weekend about their work. For further information about EVC please go to their website at: <https://www.evcuganda.org/>



## The Gardening Club Plant Sale

The annual Spring/Summer Plant Sale will be held from **Saturday 30<sup>th</sup> May until Sunday 7<sup>th</sup> June 2026**. All of the items on sale have been lovingly grown and nurtured by the members of our parish Gardening Club. Please do come along and see what is on offer and perhaps, weather permitting, enjoy a cup of tea in the garden – everyone welcome!



## The First Thursday Discussion Club meets this coming

Thursday, 4th June, at 7.30pm-8.30pm, after Mass at 6.45pm. Caroline and Nick Ridout will be leading our session on Sacred Music. Following a much-appreciated reflection by Alice Robertson on art and meditative prayer, this is the penultimate meeting of this 'school year' on our theme of Faith in the Arts. All are welcome both on this Thursday and for the final gathering of 2025-6, led by Fr Daniel, on **Thursday 2nd July**. We pause for August and will resume in September.



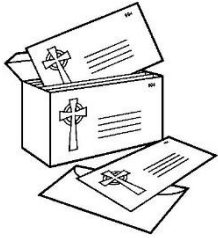
**100 Club Update** – All current members of the 100 Club will have been contacted by email or letter during the last week. Your co-operation in replying quickly is much appreciated and we would like to thank all those who have already replied. If you are a current member of the 100 Club and have not seen an email/letter yet, please approach Maura or Michele after Mass this weekend or email:

[the100clubourladysolney@gmail.com](mailto:the100clubourladysolney@gmail.com) and we will sort this out. If you are interested in joining The 100 Club from 1<sup>st</sup> July, we would love to have you onboard. Please complete the form in the information pack which you took last weekend or collect an information pack from the back of church and leave the completed form in the box marked “The 100 Club” in the porch. If you are paying by cash or cheque, please hand this to one of The 100 Club Committee (Michele, Maura or Toby) or leave it with Fr Daniel/Deacon Peter who will pass it on. If at all possible, payment direct into the parish bank account or by the card reader in the porch would be preferred.



### Visit of the Relics of St Gerard Majella - on Tuesday 9th June

Redemptorist priests will be visiting the parish of St Thomas Aquinas, Bletchley with relics of St Gerard Majella. The relics will be available for veneration in St Thomas Aquinas Church from 6pm and there will be Mass at 7pm. There will be blessings with the relics after Mass. St Gerard is the Patron Saint of mothers, couples trying to conceive, those looking for work and for help in making a good Confession. This year marks the 300th anniversary of the birth of this great Saint.



**Giving to our Parish** – we remain ever grateful for the financial support that you so generously give to our parish. If you would like to make ‘one-off’ donations or give regularly you can do so in a number of ways:

**Parish Website** – we are able to accept donations and offertory giving on our secure portal. Please select ‘**Donate Here**’.

**Weekly Offertory Envelopes** – please contact Denise

**Directly through your bank** – you can make a one-off donation or set up a monthly standing order arranged through your bank. Our banking details, which are hosted by the Diocese, are as follows:

- **Bank:** NatWest
- **Sort code:** 60-06-11
- **Account:** 46714618
- **Account name:** RCDN Parish of Our Lady Help of Christians & St Lawrence Olney

Please be sure to reference your payment with your surname, so that we can identify you if you are a gift aider. Many thanks



**The Greatness of Humanity** - Pope Leo XIV has issued his first encyclical, ‘*Magnifica humanitas*’ calling on the world to place the dignity of the human person at the centre of the rapidly developing age of artificial intelligence. Released by the Vatican on Monday, 25 May 2026, the encyclical, whose title translates as “*The Greatness of Humanity*”, reflects on the opportunities and dangers presented by AI, while reaffirming the Church’s enduring commitment to human

dignity, solidarity, justice, and the common good. You can obtain a copy from the Catholic Truth Society – <https://www.ctsbooks.org/>

## Prayer for Spiritual Communion

**My Jesus, I believe that You are present in the Most Blessed Sacrament.  
I love You above all things, and I desire to receive You into my soul.  
Since I cannot now receive you sacramentally,  
come at least spiritually into my heart.  
I embrace You as if you were already there,  
and I unite myself wholly to You.  
Never permit me to be separated from You.**

## Salve Regina

Salve, Regina, Mater misericordiae,  
vita, dulcedo, et spes nostra, salve.  
Ad te clamamus, exsules filii Hevae.  
Ad te suspiramus, gementes et flentes  
in hac lacrimarum valle.  
Eia, ergo, advocata nostra,  
illos tuos misericordes oculos ad nos converte;  
et Iesum, benedictum fructum ventris tui,  
nobis post hoc exsilium ostende.  
O clemens, O pia, O dulcis Virgo Maria.

## Prayer to Our Lady Help of Christians

Most Holy Virgin Mary, Help of Christians,  
how sweet it is to come to your feet imploring your perpetual help.  
If earthly mothers cease not to remember their children, how can you, the  
most loving of all mothers forget me? Grant then to me, I implore you, your  
perpetual help in all my necessities, in every sorrow, and especially in all my  
temptations. I ask for your unceasing help for all who are now suffering.  
Help the weak, cure the sick, convert sinners. Grant through your  
intercessions many vocations to the religious life.  
Obtain for us, O Mary, Help of Christians, that having invoked you on earth  
we may love and eternally thank you in heaven. Amen



With our love and prayers, Fr Daniel, and Deacon Peter