



Parish of Our Lady Help of Christians & St Lawrence
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Diocese of Northampton
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16 th October 2022 Psalter Week 1	Twenty-Ninth Sunday of the Year Year of Luke (C) – Ferial Lectionary: Year II	
First Reading	Exodus 17:8-13 <i>As long as Moses kept his arms raised, Israel had the advantage.</i>	
Responsorial Psalm	Our help is in the name of the Lord who made heaven and earth.	
Second Reading	2 Paul to Timothy 3:14-4:2 <i>The man who is dedicated to God becomes fully equipped and ready for any good work.</i>	
Gospel Acclamation	Alleluia, alleluia! May the Father of our Lord Jesus Christ enlighten the eyes of our mind, so that we can see what hope his call holds for us. Alleluia!	
Gospel	Luke 18:1-8 <i>God will see justice done to his chosen who cry to him.</i>	
Saturday 15 th October +	5.45pm 6.30pm	Confession Vigil Mass – (For the Parish)
Sunday 16 th October +	10.30am	Mass – (Fr John Fowler RIP)
Monday 17 th October St Ignatius of Antioch, Bishop & Martyr - memoria		No Parish Mass today
Tuesday 18 th October ST LUKE, Evangelist - feast	10.00am	Service of Word & Holy Communion
Wednesday 19 th October St John de Brebeuf & Co. – op mem	7.00pm	Mass – (Michael Griffin RIP)
Thursday 20 th October Feria	6.15pm 7.00pm	Exposition of the Blessed Sacrament Mass – (Tony Harris Int.)
Friday – 21 st October Feria	6.15pm 7.00pm	Exposition of the Blessed Sacrament Mass – (Francis Morris RIP)
Saturday – 22 nd October Pope St John Paul II – op memoria	10.00am 10.30am- 11.30am	Mass – (Albert Blunt RIP) Exposition of the Blessed Sacrament Confession
THIRTIETH SUNDAY OF THE YEAR Mission Sunday (Missio)		
Saturday – 22 nd October +	5.45pm 6.30pm	Confession Vigil Mass – (For the Parish)
Sunday – 23 rd October +	10.30am	Mass – (Fr Hildebrand van Reyk RIP)

Next Weekend: Second Collection for World Mission Day (Missio)
MASS TIMES THIS WEEK: MASS ON WEDNESDAY, THURSDAY AND FRIDAY
WILL BE AT 7.00PM

WELCOME – We extend a very warm welcome to **John Fulton** who will be making an appeal at both Masses this weekend on behalf of Mary's Meals



NOVEMBER – MONTH OF THE HOLY SOULS

Holy Souls envelopes are now available in the narthex. Can you please print clearly the name of the deceased on a piece of paper and place in the envelope, together with any offering, and return to the church no later than **Sunday 30th October**



Brother Herbert Kaden RIP
Requiem Mass – 3rd November

The Requiem Mass for Br Herbert will be on **Thursday 3rd November at 12noon at All Saints Church, Turvey**. It is hoped to have the Mass 'Live Streamed' & extra car parking in place. Refreshments will be available in the monastery afterwards. A cremation service will take place in Bedford at 1. 45pm. We pray for the repose of his soul and for Brother John & the Sisters at Turvey Abbey. May he rest in peace.



Month of the Holy Rosary

This month of October is dedicated to the Holy Rosary – a way of meditatively praying through the life of Jesus and Mary through the eyes of Mary. **Throughout October we will recite the Rosary after Mass for those who wish to remain, praying especially for conversion and peace in the world.**

MK FOODBANK – Thank you for your continued support for the MK Foodbank. The staff tell us that there are experiencing particularly difficult times at the moment with stocks running very low. If you can please support our brothers and sisters who are in need.



Manuel Fodera – the boy who Jesus called: “Warrior of Light”

Manuel Fodera was an Italian boy who suffered his pain for the conversion of souls before succumbing to cancer in 2010. He loved the Eucharist so much that at the age of six he got special permission from the diocesan bishop to receive his first Holy Communion. Manuel's story in part teaches us about how precious the Eucharist is. His cause for beatification is underway. A short video about the life of Manuel can be viewed here:

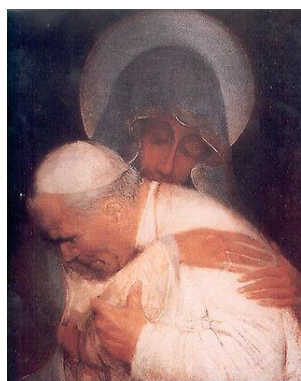
<https://youtu.be/NPPHWHNP34M>

The Gathering 2022: Bearing Fruit in Plenty. Saturday 22nd October 1-5pm
Northampton Diocese Women's Ministry Group warmly invite you to an afternoon of sharing, reflection, synodal conversation, worship and prayer at Thornton College, MK17 0HJ. Tea time refreshments provided. There is no charge for this event, but please book on: www.Eventbrite.co.uk/e/416930188417



St Luke - Evangelist

St Luke was born of a pagan family and converted to the true Faith. He was the companion of the apostle Paul and wrote the Gospel in accordance with the apostle's preaching. He also wrote the account of the early days of the Church, up to the time of Paul's first sojourn in Rome, in the book called *The Acts of the Apostles*. He also knew Our Lady and inserted her testimony into the first chapters of his Gospel

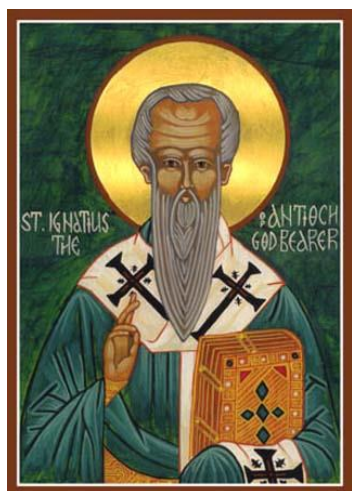


Pope St John-Paul II

Next Saturday we celebrate the *memoria* of Pope St John Paul II who was elected Pope by the second conclave of 1978 which was called after the death of Pope John Paul I who died after a brief pontificate. St John Paul II's papacy lasted from 1978 – 2005. *"Death itself is anything but an event without hope. It is the door which opens wide on eternity and, for those who live in Christ, an experience of participation in the mystery of his Death and Resurrection."* Pope St John Paul II

"There is no evil to be faced that Christ does not face with us.
There is no enemy that Christ has not already conquered.
There is no cross to bear that Christ has not already borne for us,
and does not now bear with us." – Pope St. John Paul II

From Fr David's Desk..... *Reflection for the Memorial of St Ignatius of Antioch*



St Ignatius of Antioch was born sometime between 35 and 50 AD. He became a believer and ended up being Bishop of Antioch. He would have known some of the Apostles and disciples of Jesus. Probably between 107 and 110 he was arrested and transported to Rome for trial and execution. On his journey he stopped at a number of places where he met local believers and their bishops. He wrote a number of letters to the churches in the area, seven of which have been preserved for us – including one to the Church of Rome. His letters are rich and beautiful, showing a mixture of humility and deep passion for Christ and for the Faith. You can easily find translations of them online and they are useful to see the life and faith of the early Christians.

In his Letter to the Smyrnaeans, Ignatius insists that Christ – the Son of God – really did become a man, with real flesh – since some were saying that the Son of God would hold aloof from the flesh. He also insists on the reality of the Eucharist as the flesh of Christ and the importance of celebrating the Mass in union with the Bishop:

“Pay close attention to those who have wrong notions about the grace of Jesus Christ, which has come to us, and note how at variance they are with God’s mind. They hold aloof from the Eucharist and from services of prayer, because they refuse to admit that the Eucharist is the flesh of our Saviour Jesus Christ, which suffered for our sins and which, in his goodness, the Father raised. Flee from schism as the source of mischief. You should all follow the bishop as Jesus Christ did the Father. Follow, too, the presbyters (ie: the priests) as you would the apostles; and respect the deacons as you would God’s law. Nobody must do anything that has to do with the Church without the bishop’s approval. You should regard that Eucharist as valid which is celebrated either by the bishop or by someone he authorizes. Where the bishop is present, there let the congregation gather, just as where Jesus Christ is, there is the Catholic Church.”

In his Letter to the Romans, Ignatius gives us a glimpse of the depth of his own spiritual life: *“Let me be food for the wild beasts, for they are my way to God. I am God’s wheat and shall be ground by their teeth so that I may become Christ’s pure bread. Pray to Christ for me that the animals will be the means of making me a sacrificial victim for God.*

No earthly pleasures, no kingdoms of this world can benefit me in any way. I prefer death in Christ Jesus to power over the farthest limits of the earth. He who died in place of us is the one object of my quest. He who rose for our sakes is my one desire.

For though I am alive as I write to you, still my real desire is to die. My love of this life has been crucified, and there is no yearning in me for any earthly thing. Rather within me is the living water which says deep inside me: “Come to the Father”. I no longer take pleasure in perishable food or in the delights of this world. I want only God’s bread, which is the flesh of Jesus Christ, formed of the seed of David, and for drink I crave his blood, which is love that cannot perish.”

In his Letter to the Ephesians, he writes how even the silence of Jesus teaches us something about the importance of silence – especially in our prayer where in silence we can encounter God: *“It is better to be silent and be real, than to talk and not be real. It is good to teach, if one does what one says. Now there is one such teacher, who “spoke and it happened”; indeed, even the things which he has done in silence are worthy of the Father. The one who truly possessed the word of Jesus is also able to hear his silence, that he may be perfect, that he may act through what he says and be known through his silence.”*

He ends this Letter with words of encouragement which I think could easily be written to us today:

“Continue to gather together, each and every one of you, collectively and individually by name, in grace, in one faith and one Jesus Christ, who physically was a descendant of David, who is Son of man and Son of God, in order that you may obey the bishop and the presbytery with an undisturbed mind, breaking one bread, which is the medicine of immortality, the antidote we take in order not to die but to live forever in Jesus Christ.

May Our Lady, Help of Christians, Our Lady of the Rosary, St Lawrence, St Joseph, St John Henry Newman, St Rita, St Ignatius of Antioch, St Luke, St John de Brebeuf & Companions, St Paul of the Cross, Pope St John Paul II pray for us all.

With our love and prayers – Fr David & Deacon Peter